



## Case 5

- A 55 years old male patient was admitted to the hospital complaining of abdominal distension and indigestion for 3 wks. ago.
- He gave history of diuretic medication 1 yr. ago, but the last 3 wks. there was week diuresis and increase abdominal enlargement, and edema of his LL.
- Abd. exam.: liver not palpable, splenomegaly, ascites



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- US: cirrhotic liver, splenomegaly and ascites.
- Lab. Results:
- Serum albumin : 2.5 gm/dl
- AST : 68 IU/ml
- ALT : 46 IU/ml
- INR – 1.5
- Total bilirubin - 1.2 mg/dl
- Serum creatinine - 1.0 mg/dl
- WBC – 4200
- Hb% : 12.5 gm/dl
- - Platlets - 94,000
- - Anti-HCV : +ve



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- A diagnostic paracentesis was performed; fluid analysis showed:

Ascitic fluid protein – 1.3 gm/dl
Ascitic fluid albumin – 0.7 gm/dl
WBC – 1150/mm <sup>3</sup>
Polys 75%
Mononuclear cells - 22%



Calculated serum/ascites albumin gradient (SAAG):

$$2.5 - 0.7 = 1.8$$

(High SAAG ascites) consistent with portal hypertension



Spontaneous bacterial peritonitis (neutrophil count >250)



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- As Portal hypertension is associated with bacterial translocation (BT) and innate immune activation in cirrhosis,
- Do pathogen associated and danger associated molecular patterns (PAMPs and DAMPs) have a role in the severity of portal hypertension in this case.



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- **How to manage the case,**
- **Can we add any novel therapies for portal hypertension acting on these processes?**